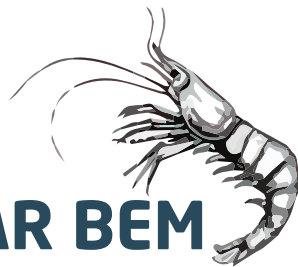


MONTE MAR LAGOS

• **MENU** •



Peixe e Marisco



PARA COMEÇAR BEM

OFF TO A GOOD START

Pão e Manteiga - 3,5€

Bread and Butter

Torradas com Manteiga - 3,5€

Buttered Toast

Queijo de Azeitão - 9€

Cheese from the Azeitão region

Presunto Ibérico - 15€

"Iberian" Dry cured Ham

ENTRADAS

STARTERS

Sopa de Peixe - 11€

Fish Soup

Creme de Marisco - 12€

Creamy Seafood Soup

Gambas Al Ajillo (dose) - 22,50€

Fried Prawns with Garlic and olive oil

Sapateira Recheada (casca) - 39 €

Stuffed Brown Crab

Mexilhão (Bulhão Pato, Espanhola) - 18€

Mussels (Garlic & Coriander, Onions & Tomato)

Melão com Presunto - 14€

Melon with Ham Cured

Lulinhas Fritas - 18€

Fried Small Squid

Ameijoas (Bulhão Pato, Espanhola) - 32€

Clams (Garlic & Coriander or Onions & Tomato)

Ostra (1uni) - 3,5€

Oyster (1uni)

Salada de Polvo - 20€

Octopus Salad

Salada de Lagosta - 36€

Rock Lobster Salad

HORA DE PESAGEM

WEIGH-IN TIME

Gambas da Costa Quentes com Sal - 75€ (Kg)
Warm Coastal Prawns with Salt

Gambas - 60€ (Kg)
Prawns

Carabineiros - 160€ (Kg)
Scarlet Shrimps

Gambas Tigre - 95€ (Kg)
Tiger Prawn

Dourada - 76€ (Kg)
Sea Bream

Robalo - 76€ (Kg)
Sea Bass

Pregado - 76€ (Kg)
Turbot

Garopa - 76€ (Kg)
Grouper

À Padeiro, Grelhado ou ao Sal
Oven, Grilled or Salt Roasted

ACOMPANHAMENTOS

SIDE DISHES

Panache Legumes - 7,50€
Vegetables panaché

Salada Alface ou Tomate - 6€
Lettuce or Tomato Salad

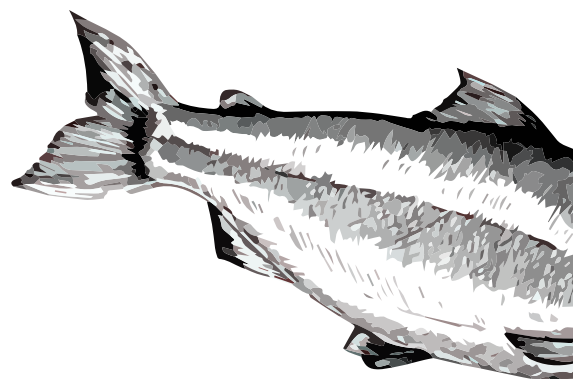
Salada Mista - 6€
Mixed Salad

Brócolos - 6€
Broccoli

Feijão Verde - 6€
Green Beans

Grelos - 6€
Turnip Tops

Espinafres à la Crème - 6€
Creamed Spinach



MOMENTO DA PARTILHA

Let's Share Moment (2pax)

Arroz de Marisco - 68€

Seafood Rice

Misto do Mar Grelhado - 62€

Grilled Fish and Seafood

Parrilhada de Marisco - 98€

Seafood "Parrillada"

Açorda de Gambas - 55€

Pap of Bread with Prawns

MERGULHO DE MAR

SEA DIVE

Crepes de Lagosta - 35€

Rock Lobster Pancakes

Posta de Garoupa Grelhada - 32€

Grilled Grouper

Linguado (Meunier, Delícia, Frito com Açorda) - 34€

Sole ("Meunier" or Banana or Fried with Pap of Bread)

Supremos de Garoupa à Grenoblesa - 28€

Grouper Loin served with Butter & Lemon Sauce

Gambas Grelhadas com Arroz de Alho - 24,5€

Grilled Prawns with Garlic Rice

Medalhões de Garoupa a Delícia - 27€

Grouper medallions Deliciousness

Filetes de Pescada com Arroz de Berbigão - 25€

Hake Fillets with Cockle Rice

Lulas Grelhadas a "Monte Mar" - 23€

"Monte Mar" Grilled Squids

Lombo de Bacalhau Assado - 28€

Roasted Codfish and Baked Potatoes

Espetada de Lulas com Gambas - 24,5€

Squids and Prawns Kebab

Polvo Assado Lagareiro - 28€

Roasted Octopus with Garlic and Olive Oil

Bacalhau a Lagareiro - 28€

Roasted Codfish and Baked Potatoes

DO TALHO

FROM THE BUTCHER

Bife do Lombo - 34€

Tenderloin Steak

Bife da Vazia - 24,5€

Sirloin Steak

**Grelhado, à la Crème, à Portuguesa,
Pimenta ou Cogumelos**

*Grilled, Cream Sauce, Garlic & Olive Oil,
Pepper or Mushrooms*

PARA VARIAR

FOR A CHANGE

Omelete Simples - 18€

Simple Omelette

Pasta Vegetariana - 14€

Veggie Pasta

MONTE MAR LAGOS

• SOBREMESAS •



Desserts

O MEU DOCE

MY SWEET

Salada de Fruta - 6€

Fruit Salad

Cheese Cake - 6€

Queijo de Ovos - 8€

Traditional Portuguese Dessert Made With Egg Yolks

Tarte de Limão Merengada - 8€

Lemon Meringue Pie

Merengue à Monte Mar com Doce de Leite - 8€

Monte Mar Meringue with Dulce de Leche

Merengue à Monte Mar com Framboesa - 8€

Monte Mar Meringue with Raspberries

Bolo de Chocolate - 8€

Chocolate Cake

Gelado Santini (1 bola) - 4,50€

Santini Ice Cream (1 scoop)

MONTE MAR LAGOS
CARTA BEBIDAS.



Bebidas
Drinks

ESPUMANTES & CHAMPAGNES

Espumante Murganheira
Reserva Bruto



14€



40€

Espumante Murganheira Rosé

45€

Veuve Pelletier

16€

62€

Champagne Palmer Rose

145€

Champagne Palmer Bruto

125€

VINHO VERDE



Muros Antigos (*Alvarinho*)

36€

Barao Hospital (*Alvarinho*)

8€

39€

Soalheiro (*Alvarinho*)

35€

VINHO BRANCO



DOURO

Redoma

41€

Redoma Reserva

68€

3 Bagos Sauvignon

36€

Quinta De La Rosa Reserva Branco

37€

DÃO

Quinta das Marias Encruzado

38€

LISBOA E TEJO

Conde Vimioso

6€

26€

Conde Vimioso Sommelier Edition

34€

Monte Mar Sauvignon Blanc Reserva

35€

ALENTEJO

Herdade Grande Chardonnay Alentejo

Esporão Reserva

Herdade Aldeia de Cima

ALGARVE

Escolhido Colheita Seleccionada

Cabrita Arinto Regional Algarve

Quinta Do Francês Branco

Arvad Branco Algarve

VINHO ROSÉ



DOURO

Redoma

LISBOA

Conde Vimioso

ALENTEJO

Herdade Grande Alentejo

ALGARVE

Quinta do Francês

VINHO TINTO



DOURO

Redoma

Quinta do Crasto Vinhas Velhas

Vallado Reserva

Quinta do Crasto



39€

40€

40€

26€

35€

32€

39€

37€

6€

26€

38€

28€

58€

59€

60€

36€

DÃO

Quinta das Marias Touriga Nacional



47€

LISBOA E TEJO

Conde Vimioso

6€

26€

Conde Vimioso Sommelier Edition

34€

ALENTEJO

Herdade Aldeia de Cima

42€

Esporão Reserva

42€

ALGARVE

Arvad Negra Mole

39€

Cabrita Negra Mole Regional Algarve

35€

Quinta Do Francês Touriga Nacional

48€

VINHOS GENEROSOS

Porto Ruby

8€

Porto Tawny

10€

Porto Dry White

10€

Porto White

10€

Porto L.B.V.

12€

Porto 10 Anos

14€

Porto Vintage

18€

115€

Moscatel Roxo

10€

Madeira 3 Anos Seco

10€

Madeira Reserva Meio Doce 5 Anos

12€

RUM (mixer included)

Rum Plantation 3 Stars - 12€

Rum Plantation Original Dark - 12€

TEQUILA (mixer included)

Tequila José Cuervo Silver - 12€

Tequila José Cuervo Reposado - 12€

VODKA (mixer included)

Vodka Moskovskaya - 12€

Vodka Absolut Citron - 14€

Vodka Grey Goose - 16€

GIN (mixer included)

Gin Bombay Sapphire - 12€

Gin Alma - 14€

Gin Hendricks - 16€

THE WORLD OF WHISKEY

Whisky Famous Grouse (*Glenturret, Scotch*) - 12€

Whisky Bushmills (*County Atrim, Irish*) - 10€

Whisky Malt Glenfiddich 12 Anos (*Speyside, Scotch*) - 18€

Whisky Malt Nikka From The Barrel (*Miyagikyo e Yoichi, Japan*) - 21€

Jack Daniel's (*Tennessee*) - 13€

Bowmore 12 (*Islay, Scotch*) - 14€

Whisky Malt Glenrothes 12 Years (*Speyside, Scotch*) - 18€

Makers Mark (*Kentucky*) - 14€

BRANDY & COGNAC

Marthas Aguardente Vinica Velha - 12€
Adega Velha 6y - 18€
Courvoisier V.S - 14€
Courvoisier V.S.O.P - 16€
Pisco Demonio De Los Andes Acholado - 16€
Medronho - 10€
Grappa - 10€

LICORES

LIQUERS

Disaronno - 8€
Baileys - 12€
Tia Maria - 9€
Licor Beirão - 10€
Amarguinha - 10€
St. Germain - 12€
Ginja de Óbidos Mariquinhas - 10€
Limoncello - 10€

VERMOUTHS & BITTERS

Campari - 12€
Per se - 12€
Bonanto - 12€
Fernet Branca - 9€
Jägermeister - 8€
Pimm's - 11€
Aperol - 12€
Cinzano Bianco - 9€
Cinzano Rosso - 9€
Noilly Prat Dry - 9€

CERVEJA | SIDRA

BEER | CIDER

Superbock Pressão 20cl | draught - 5€
Superbock Pressão 33cl | draught - 6€
Superbock Pressão 50cl | draught - 10€
Superbock 33cl - 5€
Superbock Stout 33cl - 5€
Superbock Sem Ácool 33cl | non alcoholic - 5€
Somersby 33cl - 5€

SANGRIA

Sangria - 24€
Sangria Espumante | Sparkling - 35€

REFRIGERANTES

SOFT DRINKS

Coca-Cola - 5€

Pepsi Max - 5€

7up - 5€

Sumol - 5€

Ice Tea - 5€

Schweppes Tónica - 4,5€

Schweppes Ginger Beer - 4,5€

ÁGUA

WATER

Vitalis 37,5cl - 3,5€

Vitalis 75cl - 4,5€

Pedras 25cl - 3,5€

Pedras 75cl - 4,5€

Castelo 20cl - 3,5€

CAFETARIA

HOT DRINKS

Expresso | Espresso - 3€

Descafeinado | Decaffeinated - 3€

Expresso Duplo | Double espresso - 3,5€

Café com leite | Latte - 3,5€

Cappuccino - 3,5€

Chá | Tea - 3€

Irish Coffee - 16€

COCKTAILS

SIMPLE SERVES

12€

Whisky Nº1

Whisky | Ginger Beer | Lima | Menta
Whisky | Ginger Beer | Mint | Lime

Vodka Nº2

Vodka | Morango | Arando | Soda
Strawberry | Vodka | Cranberry | Soda

Tequila Nº3

Tequila | Laranja | Ginger Ale | Lima
Orange | Tequila | Ginger Ale | Lime

Rum Nº4

Rum | Lima | Menta | Soda
Rum | Lime | Mint | Soda

SPARKLING BUBBLES

14€

Flower Soda

Flor de Sabugueiro | Espumante | Lima | Menta | Soda
Elderflower | Sparkling Wine | Lime | Mint | Soda

Sparkling Peach

Pêssego | Alperce | Espumante | Soda
Peach | Apricot | Sparkling Wine | Soda

Bonantreau

Bonanto | Laranja | Espumante | Soda
Bonanto | Orange | Sparkling Wine | Soda

Sparkling Lemonade

Limoncello | Espumante | Soda
Limoncello | Sparkling Wine | Soda

Per se Sprtiz

Per se | Espumante | Soda
Per se | Sparkling Wine | Soda

Vibrante Tonic

Vibrante | Arando | Espumante | Tónica
Vibrante | Cranberry | Sparkling Wine | Tonic

COCKTAILS

"VINTAGE" COCKTAILS

14€

Paloma

Tequila | Toranja | Lima | Soda

Tequila | Grapefruit | Lime | Soda

Bellini

Vodka | Pêssego | Espumante

Vodka | Peach | Sparkling Wine

Pisco Punch

Pisco | Lima | Limão | Ananás | Aipo

Pisco | Lime | Lemon | Pineapple | Celery

Gin Basil Smash "clean"

Gin | Manjeriçã | Limão | Limoncello | Tônica

Gin | Basil | Lime | Limoncello | Tonic

Vanille Mule

Rum | Baunilha | Lima | Ginger Beer

Rum | Vanille | Lime | Ginger Beer

INNOCENTS (NON ALCOHOLIC)

10€

Bela Luísa °3

Bela Luísa | Limão | Mel

Verbena | Lemon | Honey

Flor Pina

Ananás | Ananás | Aipo | Lima | Côco

Pineapple | Celery | Lime | Coconut

Floreal Tonic

Floreal | Toranja | Limão | Tônica

Floreal | Grapefruit | Lemon | Tonic

Land.

Maçã | Beterraba e Gengibre | Lima | Ginger Beer

Apple | Ginger | Beetroot | Lime | Ginger Beer